

AYLLU

SUPER FOODS

# GOLDEN BERRY

*Physalis peruviana*



## PROPERTIES & BENEFITS

- Golden berry contains:
  - **Vitamin C:** powerful antioxidant, slows down cellular processes.
  - **Vitamin A:** Stimulates the immune system and keeps skin healthy.
  - **Vitamin B:** Helps increase energy levels.
  - **Potassium:** Essential for a proper functioning of the heart, brain and muscles.
  - **Iron:** Holds high levels of energy and helps maintain healthy skin and nails.
  - **Fiber:** Helps entrap fats and sugars and also improves digestive health.
- It's considered a Superfood because it is full of nutrients.
- High antioxidant power.
- May help to the cholesterol balance and normal blood sugar.

## PRESENTATIONS

- Dehydrated.

SKU	Weight	Units per box	Boxes per pallet
Bulk	20 Kg	1	50

Shelf Life: 12 months.

## USES & APPLICATIONS



Snacks



Bakery



Nutritional bars

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PRODUCED BY  
PERUVIAN NATURE

DEHYDRATED